LUNCH AVAILABLE DAILY
Sandwiches are available in WHITE or MULTIGRAIN.
Rols are available in WHITE or WHOLEMEAL.
Gluten free bread is available in WHITE or PUMPKIN for an extra $0.50
FRESH SANDWICHES (ROLL EXTRA $0.30)
SALAD - CARROT, CUCUMBER, LETTUCE and TOMATO
Chicken, egg, ham or tuna $3.20
+ cheese $3.50
+ cheese and tomato $3.80
+ salad $4.40
+ cheese and salad $4.70
+ salad and mayonnaise $4.70
+ salad, beetroot and mayonnaise $5.00
+ salad, beetroot, cheese and mayonnaise $5.30
Cheese or vegemite $2.00
Salad $3.20
+ mayonnaise $3.50
+ beetroot $3.50
+ beetroot and mayonnaise $3.50
TOASTED SANDWICHES (ROLL EXTRA $0.30)
Chicken, egg, ham or tuna $3.20
+ cheese $3.50
+ tomato $3.50
+ crushed pineapple $3.50
+ cheese and mayonnaise $3.80
+ cheese and pineapple $3.80
+ cheese and tomato $3.80
HOT LONG ROLLS WHOLE
Available in white and topped with sesame seeds
Chicken, egg, ham or tuna $3.70
+ cheese $4.00
+ mayonnaise $4.00
+ pineapple $4.00
+ cheese and mayonnaise $4.30
+ cheese and pineapple $4.30
HOT LONG ROLLS HALF
Chicken, egg, ham or tuna $1.85
+ cheese $2.00
+ mayonnaise $2.00
+ pineapple $2.00
+ cheese and mayonnaise $2.15
+ cheese and pineapple $2.15

LUNCH CONTINUED
AVAILABLE MONDAY LUNCH
Beef pies $2.50
Sausage rolls $1.50
Tomato sauce portions $0.20
Pies & Sausage Rolls are Low in SALT & FAT
AVAILABLE WEDNESDAY LUNCH
Mini beef burger & salad cup $3.00
(MINI BEEF PATTIE IN A BUN; GRADED CARROT, SHREDDED LETTUCE & GRADED CARROT)
Add an extra beef burger $1.50
AVAILABLE FRIDAY LUNCH
Soup $3.50
SEE CANTEEN FOR SOUP VARIETY
SOUP MUST BE COLLECTED FROM THE CANTEEN
Sushi 4 pieces $3.00
Sushi 5 pieces $3.50
Sushi 6 pieces $4.00
SUSHI AVAILABLE IN TERIYAKI CHICKEN (GF), VEGETABLE (GF)
OR COOKED TUNA
SUSHI ORDERS MUST BE PLACED BY 9.30 WEDNESDAY FOR FRIDAY.
NO LATE ORDERS WILL BE ACCEPTED. PLEASE ENSURE YOU INCLUDE WHICH VARIETY OF SUSHI YOU REQUIRE AS WELL AS HOW MANY PIECES.

DRINKS
AVAILABLE DAILY
RECESS AND LUNCH
Apple just juice box $1.20
Apple & blackcurrant just juice box $1.20
Orange just juice box $1.20
600ml water $1.00

AFTER LUNCH TREATS
AVAILABLE DAILY 12.45-1.00PM
Whole Quelch fruit sticks $1.00
Half Quelch fruit sticks $0.30
98% fat free vanilla ice-cream tub $1.00
AFTER LUNCH TREATS ARE NOT AVAILABLE TO PRE-PRIMARY STUDENTS NOR CAN THEY BE ORDERED
OUR SCHOOL CANTEEN COMPLIES WITH THE GOVERNMENT HEALTHY FOOD AND DRINK POLICY, WHICH WAS INTRODUCED IN 2008 TO ALL CATHOLIC SCHOOLS.

THE MENU IS BASED ON THE TRAFFIC LIGHT SYSTEM
- GREEN PRODUCTS: healthy food options and should be eaten daily
- AMBER PRODUCTS: are less healthy food options and should be eaten as an occasional treat
- RED PRODUCTS: are unhealthy food options and are unavailable for sale in Australian canteens

THE CANTEEN RELIES ON THE SUPPORT OF VOLUNTEERS.
IF YOU ARE ABLE TO HELP EVEN FOR AN HOUR PLEASE COME AND SEE ME.
ALL ARE WELCOME MUMS, DADS, AUNTIES, UNCLE, AND GRANDPARENTS.
HOPE TO SEE YOU SOON.

KINDY STUDENTS ARE NOT ALLOWED TO ORDER FROM THE CANTEEN FOR RECESS OR LUNCH
PRE SCHOOL STUDENTS ARE ONLY ALLOWED TO ORDER LUNCH

WHEN ORDERING PLEASE:
1. USE A SEPARATE BAG FOR RECESS & LUNCH ORDERS
2. ENSURE YOUR NAME, CLASS & ORDER ARE WRITTEN CLEARLY ON BAGS (BAGS ARE SUPPLIED BY THE CANTEEN & CAN BE TAKEN HOME AND PRE-FILLED)
3. HAVE YOUR ORDER IN BY 9am
4. DON’T STICKY TAPE OR STAPLE LUNCH BAGS