Dear Parents and Staff

*Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit." (John 12:23-24)*

In this extract from this Sunday’s Gospel Jesus appears to be foretelling about his death. Jesus was truly unique, being wholly God and wholly man. Through the death of this one man, all of us who follow Him are given the opportunity to share in eternal life.

**Reconciliation**

Congratulations to those children from our school and parish who either received the Sacrament of Penance for the first time last Saturday or will be receiving it this weekend. This is a time of healing; of mending our relationship with God. It is not, however, a one time repair and, as we are all human, we need to regularly take the opportunity to “clean the slate” and lighten the burden of our poor decisions. We need to remember that God is always ready to forgive…we just need to ask.

**Faction Swimming Carnival**

I was very impressed by the great effort by all of the children at our swimming carnival last Monday. Mr Webb had prepared a varied programme that was both challenging and a lot of fun and catered for the ability levels of all children. It was particularly pleasing to see children pushing themselves beyond their comfort zone to compete in events that really tested their ability. All of the results from the carnival are in Mr Webb’s article in today’s newsletter.
A special thank you to all of the parents who volunteered to assist on the day. Without your support we need to employ additional staff which places significant pressure on the school’s budget.

Congratulations to Mr Webb for all of his efforts in organizing a fun-filled, engaging carnival that was enjoyed by all. Way Interviews

**3 Way Interview**
The sign on sheets for these meetings have been on display outside the office since Tuesday. These are very important meetings as they provide the opportunity for you to discuss your child’s progress so far this year and to establish goals for the remainder of the year. There will be opportunities near the end of Term Two to again discuss your child’s progress after you have received the Semester Reports.

**Harmony Day**
Ours is a very multi-cultural community and we have much to celebrate about the diversity of our many family histories. It is this richness that completes the tapestry that makes our school such a warm, welcoming environment.

To celebrate this diversity the children yesterday attended Mass and completed activities in their class with many sharing items that they had brought in that reminded them of their own cultural background.

My own cultural background is quite boring with mainly English heritage, with a spark of interest as my grandmother was born on Rottnest Island.

**Anti-Bullying Day**
I’d like to guarantee that our school is completely bully free, but unfortunately I can’t as bullying behavior exists in all environments whether they be school, our work and sometimes our homes. What I can guarantee, however, is that our school has a zero tolerance towards any form of bullying. When we see, or are made aware of, bullying behavior it will be dealt with firmly and expeditiously.

Tomorrow morning, immediately following our Merit Assembly, the Year Six children will lead us in activities about taking a stance against all forms of bullying.

**Advance Notice**
The end of the term is quickly approaching and to celebrate, the children are invited to wear **free dress** on the last day, Holy Thursday 2 April. For this privilege, we ask that you provide a gold coin donation which will be forwarded to the Mission.

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**WEEKLY EVENTS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>FRIDAY 20 MARCH</td>
<td>MERIT ASSEMBLY&lt;br&gt;National Day Against Bullying and Violence</td>
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<tr>
<td>SUNDAY 22 MARCH</td>
<td>Fifth Sunday of Lent</td>
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<tr>
<td>MONDAY 23 MARCH</td>
<td>Kindy Incursion</td>
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<tr>
<td>TUESDAY 24 MARCH</td>
<td>ND Torpedoes 7.10am&lt;br&gt;Pre Kindy Incursion&lt;br&gt;Dance Rehearsal 3.05pm-4.00pm&lt;br&gt;PRC Meeting 6.30pm</td>
</tr>
<tr>
<td>WEDNESDAY 25 MARCH</td>
<td>School Mass 8.45am</td>
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<tr>
<td>THURSDAY 26 MARCH</td>
<td>Interschool Swimming Carnival</td>
</tr>
<tr>
<td>FRIDAY 27 MARCH</td>
<td>ASSEMBLY&lt;br&gt;Year 2P</td>
</tr>
</tbody>
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Darryl Winsor<br>Principal
Sacrament of Reconciliation

I would like to congratulate our children from Year Three making the Sacrament of Penance either at the weekend or next weekend. The children were very well prepared to receive this Sacrament of healing. I would like to thank Fr Nelson, Mrs Achmad and Mrs Pirie for their efforts with these candidates. I would like to also thank the parents who trust us with developing the faith of their children. It is a great responsibility and not one we take lightly.

Hugo Aloi
Ayanih Balino
William Barnett
Bella Bianchini
Aasha Bianchini
Dylan Borges-Cook
Niamh Brown
Thomas Brown
Brendan Bui
Max Buissink
Antonio Cavallaro
Lucas Chaplin
Annalise Clark
Lali Dimitriadis
Max Dickson
Graziella Federico
Caleb Fitzpatrick
Belle Fuge
Ella Hackett
Grace Haddleton
Gage Hunter
Romeo Ionata
Lara Jordan
Bede Kareng
Toby Mansfield
Grace Nuich
Maya Ortiz
Caius Padua

Liam Carbery
Matthew Donovan
Rose Florindo
Brooklyn Godinho
Cassandra Gonzalez
Ava Guthrie
Jorgia Hindmarsh
Kai Millington
Anson Murthen
Anne Pempengco
Clarice Pobke
Lilli-Mae Rinaldi
Noah Russell
Mily Tan-Temese
Bibi Tong
Maisie Stewart
Michael Stoichev
Kalijah Vicario
Thomas Whitaker
Stephanie Xie

Carmel Cutri
Assistant Principal
Religious Education

Feast of St Joseph
19 March

God Our Father
and Our Creator,
You bestow on Us
gifts and talents
to develop to use in accord
with Your will.
Grant to us through the
intercession of
St Joseph the Worker, a
model and guide,
the dignity to provide
those who depend upon us
the care and support.
Grant us the opportunities
to use our energy and our
talents and abilities for the
good of all and the glory
of Your name.
Amen.
**CLASS NEWS**

**Kindy News**
The first term has been FANTASTIC!

We have been very busy in Kindergarten. We are making a smooth transition from Pre Kindergarten/home to the school environment and are already trying our best to demonstrate the extraordinary learners we are. We have been:

- Learning to be away from our parents.
- Learning to work with teachers and other adults.
- Learning to work with a large group of children.
- Learning to work alone.
- Learning to share and cooperate.
- Learning simple rules and routines.

We have really been enjoying sharing some time with Mrs J in the Library. She has been helping us borrow some books. It is so enjoyable to take the books home to read! We have a whole Kindergarten group full of story lovers. We have been reading an all time favourite story in class - The Very Hungry Caterpillar. Its imaginative illustrations have made our imaginations run wild as we explore the journey of the very hungry caterpillar as he eats his way through the week! We have sequenced the story, made necklaces, hats and even learnt all about the life cycle of a butterfly!

We are looking forward to many more creative, happy and imaginative adventures and experiences throughout the year in Kindergarten.

Miss Smith and Mrs Harland.

**SPORTS NEWS**

**2015 Interschool Swimming Carnival - Aqualife Aquatic Centre, East Victoria Park (26 March)**

Students selected to represent Notre Dame at the Interschool Swimming Carnival have been given permission forms which need to be handed in ASAP. An events list will be placed on the window of the staff work room on Thursday afternoon and hard copies will be left at Administration. As we are hosting the carnival we will require some parent help for the day. At the moment we are needing someone to help scoring (assisting Mrs Hawthorne ) as well as place judges. If you are able to help please indicate on the form or come and see Brett Webb.
Senior Swimming Carnival (Year Four to Six) - 16 March

On Monday, students from Years Four to Six participated in the annual Notre Dame Senior Swimming Carnival, held at Bayswater Waves. I know for a fact how excited the kids were about the day and this was evident with all the banners, colours and mascots on display.

All students are to be commended on the way they all participated on the day, especially the Year Six group with their helping nature for the younger faction members. I would also like to congratulate the faction captains for their fantastic leadership and hard work preparing for the carnival with their chants and assistance with marshalling their faction members. This helped create a really positive environment for the carnival, as well as a bit of a healthy rivalry between the factions. We hope for this to continue in our future carnivals.

There were some outstanding individual performances throughout the day. Here are the champion boy and girl results for the respective year groups and genders.

**Champion Boy and Girl Results**

<table>
<thead>
<tr>
<th>Year Four Champion Boy</th>
<th>:</th>
<th>Thomas Rigby</th>
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</thead>
<tbody>
<tr>
<td>Year Four Champion Boy R/up</td>
<td>:</td>
<td>Ben Whelpdale</td>
</tr>
<tr>
<td>Year Four Champion Girl</td>
<td>:</td>
<td>Bella Meloncelli</td>
</tr>
<tr>
<td>Year Four Champion Girl R/up</td>
<td>:</td>
<td>Jian Chilton and Andrea Jancik</td>
</tr>
<tr>
<td>Year Five Champion Boy</td>
<td>:</td>
<td>Cameron Marin</td>
</tr>
<tr>
<td>Year Five Champion Boy R/up</td>
<td>:</td>
<td>Sunwoo Nam</td>
</tr>
<tr>
<td>Year Five Champion Girl</td>
<td>:</td>
<td>Brittany Rodrigues</td>
</tr>
<tr>
<td>Year Five Champion Girl R/up</td>
<td>:</td>
<td>Lesley-Ann Woods</td>
</tr>
<tr>
<td>Year Six Champion Boy</td>
<td>:</td>
<td>Aaron Rodrigues</td>
</tr>
<tr>
<td>Year Six Champion Boy R/up</td>
<td>:</td>
<td>Arkhi Balino</td>
</tr>
<tr>
<td>Year Six Champion Girl</td>
<td>:</td>
<td>Nadine Clarke</td>
</tr>
<tr>
<td>Year Six Champion Girl R/up</td>
<td>:</td>
<td>Xanthe Hart</td>
</tr>
</tbody>
</table>

Over the last few years Prindiville have been the dominant force at most carnivals, but on Monday there seems to be a shift with McAuley coming out trumps with a commanding victory.

**Faction Positions and Points**

<table>
<thead>
<tr>
<th>Position</th>
<th>Faction</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>McAuley</td>
<td>818</td>
</tr>
<tr>
<td>2nd</td>
<td>Mercy</td>
<td>716</td>
</tr>
<tr>
<td>3rd</td>
<td>Prendiville</td>
<td>618</td>
</tr>
<tr>
<td>4th</td>
<td>Nagle</td>
<td>659</td>
</tr>
</tbody>
</table>

Many thanks go to our teachers and parent helpers who worked tirelessly throughout the day. Events like this could not happen without their dedication and effort. Well done to all competitors, and well done McAuley!
Justice • Compassion • Courage • Innovation • Integrity • Excellence

Faction Captains

Winning McAuley Faction Captains

Andrea Jancik, Bella Meloncelli & Jian Chilton
(Year 4 Champion Girls)

Thomas Rigby, Ben Whelpdale & Ryley Redfearn
(Year 5 Champion Boys)

Brittany Rodrigues, Lesley-Ann Woods & Alice Law
(Year 5 Champion Girls)

Cameron Marin & Sunwoo Nam
(Year 5 Champion Boys)

Nadine Clarke, Xanthe Hart & Stephanie Lee
(Year 6 Champion Girls)

Aaron Rodrigues, Arkhi Balino & Aiden Gibson
(Year 6 Champion Boys)
Selected students from Notre Dame participated in the first annual Interschool T20 Blast School Cup, held at Fletcher Park. This is in culmination with their Cricket unit they have been participating in during P.E. lessons this term, as well as in coordination with the WACA and our interschool schools.

Notre Dame had 1 boys’ team, 1 mixed team & 1 girls’ team entered in the carnival. The students were all very excited to be chosen to represent Notre Dame in the first Interschool Cricket competition, and it definitely won't be the last one Notre Dame will be involved in.

Each team played 4 games over the day, with a skill zone break added to the day. This was a great way for the kids to hone in on the skills they needed to work on in their break.

Notre Dame made a great showing on the day, with both the boys team & mixed team finishing the day undefeated, whilst the girls team competed in a mini-grand final, only to be beaten by 1 run!

The students showed great sportsmanship throughout the day and showed some fantastic skills as well, with some big one-hand grabs, big 6’s and some very intimidating fast bowling. Jaime Penales was even warned to slow it down!

We also had some star performers picked by the WACA staff. Jaime Penales was picked as the MVP for the Girls’ competition, with Jonas Gott picked as the MVP for the Boys’ competition. Special mentions to Kade McKeown for some of the biggest hitting I’ve seen in a junior cricket competition.

Many thanks to Mrs Boyle for helping out on the day. Well done to all students, you should all be very proud of your efforts.

Brett Webb
Physical Education Teacher
This Friday 20 March, our school will be taking part in the National Day against Bullying and Violence.

Students from Pre Primary to Year Six will participate in a prayer service at 9.15am followed by the releasing of balloons, signifying that Notre Dame Catholic Primary School is founded on faith and we will draw on our faith and embrace our school values to help us become a community free of bullying and a happy safe school environment.

This will be followed by students moving off into their classrooms to complete a variety of activities designed to improve their understanding of bullying in our society an important teaching component of our Rock and Water Program.

Parents and carers are asked to join us outside the library to take part in this important service on Friday morning.

At Notre Dame Catholic Primary School, we aim to create a safe and supportive school community for everyone.

Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

If your child talks to you about bullying:

1. Listen calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when. Although you may feel some strong emotions about your child’s experience, try to keep calm to avoid more distress to your child.

2. Reassure your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, ‘That sounds really hard to deal with. No one should have to put up with that.’ or ‘I’m so glad you told me. You should be able to feel safe at school; that’s not fair at all.’

3. Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
4. Visit [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel

5. Contact the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child’s teacher and if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child’s safety.

6. Check in regularly with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

Daniela Boyle
Rock and Water Coordinator

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**IMPORTANT NOTICES**

**ACROD Parking**
Parents/carers please note that disabled parking bays in front of the Administration building and church car park require a CURRENT ACROD parking permit. This permit must be clearly displayed on the front windscreen when parking in these bays.

Thank you for your cooperation on this matter.

**Scooters/Bikes** must be walked through the school to the bike rack. NO SCOOTERS OR BIKES ARE PERMITTED TO BE RIDDEN IN THE SCHOOL GROUNDS.
Next week's roster:

- **Monday 23 March**: Luan Dique
- **Wednesday 25 March**: Angela Carbery
- **Friday 27 March**: Deb Holtmeulen, Gina Federico, Dorina Hortin and Oria Wilson

Just a reminder the Easter lunch special order must be placed and paid for by **Friday 20 March**. Orders should be taken to the canteen, not the front office or to the classroom.

Monday’s special will be popcorn. You can preorder or purchase at recess for 50 cents a bag.

Kayleen MacLean

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**UNIFORM**

Uniform Shop opening times are

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>1.30pm to 3.30pm</td>
</tr>
<tr>
<td>Friday</td>
<td>8.15am to 10.30am</td>
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Thank you.
Sharmane Dowse
Uniform Shop Co-Ordinator

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**PRC**

**NOTRE DAME COOKBOOK**

Back by popular demand, “Around Our Table” our community cookbook is available for sale at the affordable price of $25.

If you would like to take a box of books to sell in your workplace or that of any family member, then please let me know (cash up front is not required).

Extra copies can also be purchased by credit card online at the following link [http://www.trybooking.com/GKDU](http://www.trybooking.com/GKDU) (for next day delivery to your child’s class) or cash through the school administration office.

Julie-Anne Beasley
(0419871864 or [mbja@bigpond.net.au](mailto:mbja@bigpond.net.au))
Healthy body image
Some tips for helping your child have a healthy body weight and healthy body image.

- Encourage healthy eating and physical activity.
- Organise fun, family activities which encourage everyone to be active.
- Help children to see ‘treat’ foods, such as lollies, biscuits, chips, cakes and ice cream, as food which should be eaten only occasionally - not every day.
- Provide healthy meals and snacks every day;
- Be a positive role model for healthy eating and physical activity - children notice what their parents do. Parents are the most important teachers when it comes to healthy lifestyle.
- Help your children to understand that there is no such thing as an ideal body shape and that 'healthy' people come in many shapes and sizes.
- Help your children feel special about themselves. Provide rewards and treats which are not food.
- Teach children that a person’s value is not determined by how they look.
- Avoid making comments about body weight. Focus on growth, not on scales.

St Norbert College
St Frederick Academy Scholarships: Middle School Academic Scholarships are available for students entering Year Seven in 2015 for full or 50% tuition fees for Years Seven through to Year Nine. A Selection Test is conducted in Term 2 for Year Six students.

Senior School Academic Scholarships are available for students entering Year Nine in 2015 for full or 50% tuition fees for Years Ten through Year Twelve. A Selection Test is conducted in Term 2 for Year Nine students.

Further information is available on our website www.norbert.wa.edu.au or by phoning the College on 9350 5433. Applications close Friday 27 March 2015.

Belmont Tennis Club
Kids tennis in term 2 and school holidays. Venue: Robinson Avenue, Cloverdale.
If interested please contact Lisa Brannan on 0412 313 823.

Reminder
Notre Dame Torpedoes Swim Squad
Last session next Tuesday 24 March